



Declutter Checklist



KITCHEN

- Expired Food
- Extra Serving Plates & Bowls
- Duplicate Utensils
- Excess Glassware
- Excess Pots & Pans
- Unused Appliances
- Food Containers (missing lids, etc.)
- Unused Cleaning Supplies
- Other: _____

LIVING ROOM

- Magazines
- Books
- Unused Electronics
- Old Photos
- DVDs/VHS Tapes no longer watched
- Extra Throw Pillows
- Bills & Papers
- Decorative Trinkets
- Other: _____

BATHROOM

- Expired Medication
- Extra Hair Brushes and Hair Ties
- Unused Cleaning Supplies
- Empty Bottles (shampoo, etc.)
- Old Beauty Products
- Unused Hair Tools
- Old Towels
- Expired First Aid (bandages, etc.)
- Other: _____

BEDROOM

- Unworn Clothes
- Old Jewelry
- Excess Socks & Underwear
- Extra Shoes
- Old Handbags
- Under Bed Storage
- Dresser Drawers
- Remove Unnecessary Items
- Other: _____

OFFICE

- Unnecessary Documents
- Unused Pens & Pencils
- Excess Stationery
- Other: _____
- Old Business Cards
- Old Books
- Old Computer Cords & Supplies
- Other: _____